

PATH² PARENTING NEWSLETTER

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GOT KIDS? ME TOO...

Welcome to the first edition of “PATH to PARENTING” where each edition will focus on what PATH is up to and hopefully provide you with some helpful hints, latest trends, and if nothing else a good laugh as we walk this road called “Parenting.”

I spent about 15 minutes trying to find just the right cartoon to hopefully bring a smile to your face and yet truly relate to our journey of parenting. Here’s what I finally came up with!



Right? We all want our kids to grow up, become more responsible, independent adults giving back to society, but in the meantime... they are teens!

They say that all good comedy makes you laugh because there’s a bit of truth to it. It would be great if the worse thing we have to deal with is ice-cream for dinner but the reality is we have to deal with things like sexting, cyber-bullying, fort night addiction, unplanned pregnancy, cutting, suicide and so much more. I don’t know about you, but I’ll let mine eat ice cream!

In these monthly newsletters we’ll provide some up to date information on the topics mentioned above, how you can maintain sanity while dealing with it all and maybe, just maybe, even enjoy the journey. If you have a specific topic you’d like to see us do a focus on just shoot us an email and we’ll do our best.

I’m looking forward to spending some time with you each month; providing a little support, encouragement, lessons learned and at times my sympathy from a “been there, done that” perspective. My three are now “grown” and I have four amazing grandchildren; the oldest just entering 7th grade and my oldest daughter enjoying the journey with us.

Hang on folks, fasten your seatbelts and enjoy the parenting journey. It is a wild ride, full of ups and downs, but if you allow it to be, it’s also a lot of fun!

Donna

Donna Golob (aka: Mom & Grandma)
PATH, Inc. CEO



ADOLESCENT ALERT

SUBSTANCE USE AND SEXUAL RISK BEHAVIORS AMONG YOUTH

Although substance misuse can occur at any age, the adolescent years are particularly critical at-risk periods. Adolescent substance use is also associated with sexual risk behaviors that put young people at risk for HIV, sexually transmitted diseases (STDs), and pregnancy. Research shows that as the frequency of substance use increases, the likelihood of sex and the number of sex partners also increases.



MEET THE PROGRAM DIRECTOR

Dear Parents, Guardians, Teachers, and Concerned Friends,

My name is Brian Harvey and I've been working with at risk youth and families across the Region for over twenty-eight years. I have worked in various environments, helping children and their families overcome some serious issues. I have received numerous awards, obtained noteworthy success, and gained respect from my peers/co-workers for my work ethic, innovative approaches, and my ability to build positive relationships with some of the most challenging youth. However, after twenty-two years of service, I found myself tired and burned out! I desperately needed a change to continue working with the children I so dearly cared about. My prayers were answered and in 2012 when I was hired by A Positive Approach to Teen Health as a Project Coordinator. Since that time, my life has rapidly improved and my overall affect is much more positive. Every day I look forward to going to work because I know that our team is making a significant impact in the lives of children like no one else. The programs we offer to youth in the Region are frankly

amazing! The PATH system empowers youth to make healthier choices as well as build positive relationships with some very unique individuals. Our cohesive team works diligently to encourage and inspire youth that there is a better way to live and that their dreams can be reached. I'm extremely grateful to have the opportunity to share with you my experience of working with a great team of individuals who truly love what they do. In order to continue the work to improve the lives of children in both rural and urban areas, we need TRUE partners who share a similar vision as PATH. Together as partners we will improve the lives of thousands of children across the Region.

Sincerely,



Brian Harvey
PATH, Inc. Program Director



Save the Date

and plan to join us for
Love Notes
A 25th Anniversary Celebration

Friday, February 22, 2019
6:00PM

Andorra Banquet Center
Schererville, IN 46375



A Positive Approach to Teen Health

 positivepotential



 liv true
Mentoring Program

 RELENTLESS

<http://www.positiveteenhealth.org/>